



## Lesson II Outline - "Our Broken Minds and Wounded Spirits"

Colossians 2:10

Isaiah 61:3

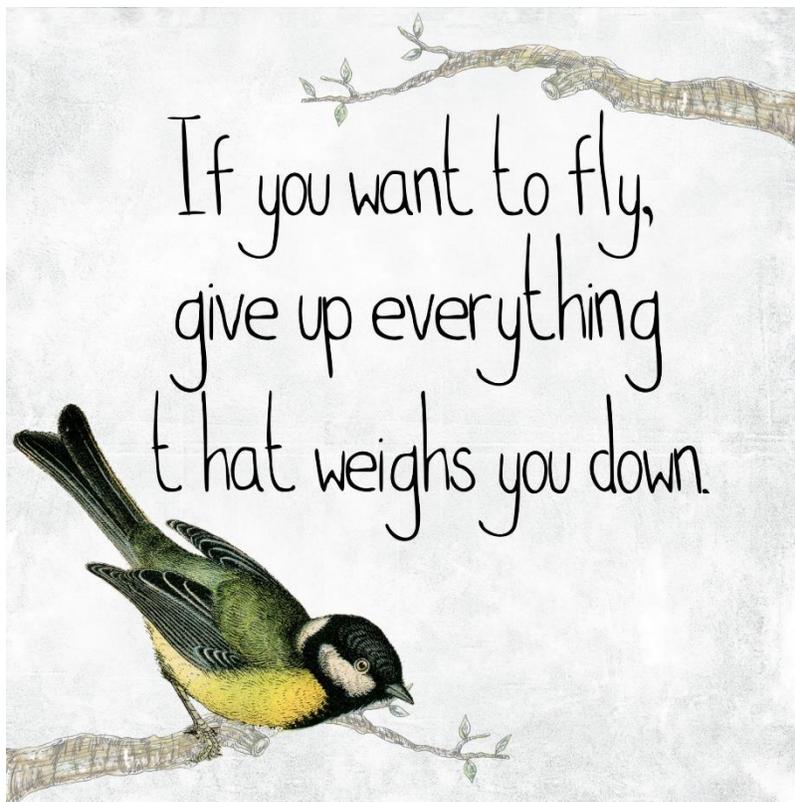
I Thess. 5:23-24

*When we need a way of escape, we have the word of God that will heal our brokenness.*

*There is a battlefield of the mind that the enemy wants to stay in constant turmoil.*

*Who will be in control of your mind?*

*Feelings create your thoughts and your thoughts become your behavior.*





## I. Restoring Shattered Relationships

- Rebuild the relationship that matters the most- that is the relationship with you and God.
- We try to handle horizontal situations without consulting our vertical creator.
- Can your bones live? Are your bones dry? Can you be restored.
- Speak to your dry bones (areas that have been shattered) by using the word of God to align your
- The enemy wants your life to remain shattered but God desires for you to live and abundant life.
- Do not allow the enemy to keep you in a shattered space.
- The objective word of God needs to become the subjective part of your life.
- If you want to be free; you must recognize what the truth really is in your life.
- The enemy wants you to live in your past; your past is what you allow to define you.
- Your past does not dictate what or who you are; It is your relationship with God that will keep you being whole.
- God is concerned with making your shattered life whole by having close relationship with him.
- We defeat the enemy in the battlefield of the mind by allowing ourselves to be dependent on God and not dependent on our feelings.





## 2. **A Shattered Life- Luke 10: 13-17**

- We all have issues; but Jesus is the answer to any issue that we may go through.
- If you want to break your shattered life we must be in the right place at the right time.
- Satan will try to keep you in the bent over state of being shattered; but Christ came and defeated all things.
- If we stay connected with Christ, we can overcome any issues that arise in our life.
- What are you bound too?
- What are you not allowing to let go of so that you can be free and not shattered?

## 3. **Physically Bound, set Free**

- When we give ourselves over to Christ, we become free in Christ.
- You can be set free from those things that have you bound and shattered.
- Remember your issues do not move you.
- You can be set free from whatever might be trying to bind you.
- Forget your past; live a fruitful abundant life through Christ!
- God brings about restoration for all things that may have you bound.
- The enemy keeps those things in your past; in the forefront of your mind so that he can poison your future.
- Do not give in so that you can remain free!

## 4. **Restoration**

- God will restore you.
- Being free; does not mean that your past will not be erased from your memory it means that your past no longer has a hold on you.
- Stop looking at your past and focus on your future!
- Be willing to run this Christian race.
- Bury your past and look to Jesus to give you an abundant life!
- Detach, change your focus, look towards your future.



- Decide; Stay in bondage or be free through Christ!
- Whatever has you bound will keep you if you do not allow yourself to let go of your past.
- If you are not careful your past will bind you if you do not choose to let, go of what God has forgotten.
- Do not allow yourself to be dragged by your past; God is in control of your past, your present, and your future.
- Be controlled by your desire for the Lord.
- Allow God to plant you in his garden and let God fertilize you and make you blossom into the beautiful tree of life for others.
- You are set free! You are who God says you are! You are no longer bound!
- You are not who the enemy says you are! Define yourself by God's word!
- Do not be so heavy with the weights of the world that you miss being able to rise when God calls you back to him.

**You have been restored!**

**You are no longer bound!**

**You have been restored!**

***YOU ARE A PRIZE --- NOT A VICTIM!!!!***