



**Lesson 8 - August 15, 2021**

*"SisStars Standing Strong: Being a Strong Christian Example"(Romans 8:16-17)*

**Lesson Re-Cap**

**Standing Strong** and being a **strong Christian** woman

Is not about you but the **Christ** in you!

If you rely on **your own** strength **than you're** not being a good example to others

**Overview/Word Meanings**

1. **Standing:** Maintain your position; remain steadfast; endure, resist.
2. **Strong:** This is an adverb which means to be firmly grounded; to be loyal. This tells "what kind" and points to a particular subject.
3. **Being:** This is a verb - the present participle of the verb "to be." It is used as a connecting verb to express obligation - and used in a continuing sense.
4. **A:** This points to something definite - something specific.
5. **Christian:** This is also used as an adverb which modifies the subject. We know what a Christian is - one who has obeyed the Gospel - a follower of Christ. So this word also tells "what kind" and points to a particular subject.
6. **Example:** This is the subject which the two adverbs "strong" and "Christian" modify. This word means "a mode of behavior to follow."

**Strength in the midst of fear**

- ✚ Anytime you decide to take a stand the enemy will always try to draw you away from your place of praise
- ✚ The enemy wants you to live in defeat; but God wants you to live in victory
- ✚ When you pray your prayer stand tall and live like you believe it.
- ✚ Stand still and see the face of God
- ✚ Remain in a place of peace so you can offer up praise

**You must believe if God says it, that's the answer**



**Lesson 8 - August 15, 2021**

*"SisStars Standing Strong: Being a Strong Christian Example"(Romans 8:16-17)*

**Finally!**

- ✚ Forgive others just as Christ forgave you
- ✚ Be strong in the Lord and in the power of **his might**
- ✚ Being Strong, having power, and God's might = to be strengthened in the true source
- ✚ Being strong doesn't mean taking it all on your own; **it means** being able to release it to the one who has all control
- ✚ Being strong doesn't mean you will not have trials; **but** recognizing where your help comes from
- ✚ Being strong doesn't mean you don't get tired...**but** it means that if you wait on the Lord you shall renew your strength
- ✚ Being strong doesn't mean you don't make mistakes; **it's about** knowing you're a work in progress
- ✚ Being strong doesn't mean your perfect; **but forgiven**
- ✚ Put on your whole armor because we wrestle not against flesh and blood
- ✚ You fight spiritual battles using spiritual weapons
- ✚ When you fight you must be dressed to be able to stand, put your faith in God, your dependence comes through your vertical relationship with him
- ✚ We have an advantage over our circumstances because we are in God

Strength is in responsibility rather than react ability  
We often react in response to hardship

- ✚ There is power in the word not your emotions, don't do things on your own
- ✚ Your reactions are based on your will and mind
- ✚ Submit to God, then resist the enemy, and then he will flee.
- ✚ Put yourself under God's authority so that you may be able to stand
- ✚ Be a living sacrifice
- ✚ Be transformed through your mind, and God's word



**Lesson 8 - August 15, 2021**

*"SisStars Standing Strong: Being a Strong Christian Example"(Romans 8:16-17)*

**I know!**

- ✚ I know that : All things work together for the good
- ✚ I know that when I : Put on the complete armor of God I can stand firm and stand my ground

Don't give your stuff up to the enemy  
Don't let the enemy take what belongs to you  
Have a firm foot into what God has prepared for you.  
Whatever season you might be in...the answer is the  
same.....**God's word**

Be strong in the Lord and in the strength of his strength ♡

