

**"GOD'S DAUGHTERS REIGNING AS HEIRS"**

**"GOD'S ANSWER TO ISSUES OF THE SPIRIT AND SOUL"**

I Thessalonians 5:23

"And the very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ."

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**LESSON OUTLINE**

**I. Restoration and Value**

Old Testament

New Testament

St. Luke 4:18  
I Cor. 15:58  
Philippians 3:13-14  
Hebrews 12:1-2

**II. The Mephibosheth Syndrome**

II Samuel 9  
Numbers 13  
I Samuel 18:1-4  
II Samuel 4:4  
Proverbs 13:7

II Cor. 4:18  
II Cor. 5:17  
Phil. 4:19  
I Thess. 5:23  
Romans 12:1-2

**III. Who Are you?**

Phil. 3:13-14  
Hebrews 12:1-2  
I Thess. 5:23-24

## **Names Meanings**

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|------------------|-------------------|
| 1. Mephibosheth: | Person of Shame   |
| 2. Lodebar:      | Place of Shame    |
| 3. David:        | Beloved of God    |
| 4. Jonathan:     | Whom Jehovah Gave |
| 5. Ziba:         | The Planter       |
| 6. Ammiel:       | People of God     |
| 7. Machir:       | Sold              |
| 8. Dan:          | Judge             |

## **Questions to Consider**

1. How do you know if you have self-defeating behavior?
2. How do you overcome self-defeating behavior?
3. What does it mean to be in unity with yourself?
4. How do you deal with past hurts and disappointments?
5. How can you enjoy the Peace of God even as you are learning to be made whole?
6. What does it mean to "forget?"
7. What is the condition of shame? And how can you overcome this condition which causes self-defeating behaviors?
8. How can you be kept in that place of shame by other people?
9. How can you change your mind to agree with the Word of God?
10. Do you believe who God says you are? And if so, how does that change your perspective about yourself?