



Lesson 14- October 3, 2021

"Grow up in the Lord- Eph 4:15"

“Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is Christ.”

Lesson Re-Cap

The Foot Binding

In China there was a history of women having their feet broken and bound so that they would not grow

As if they had a certain status, the smaller the feet the more attractive

They were made to appear.

Sisters the enemy wants to bind you; the enemy wants to bind your mind so that you stay bound in your status of fear

Unbind your mind so that you can grow

Change your mind and grow up towards what is ahead so that you may not be bound. You can't grow into your full capacity in the Lord if your still bound in your mind. Everyone is still growing; no one has arrived!

Pt1- Shape to fit

- ✚ We as believers have an exalted position in Christ
- ✚ We have been shaped to fit through the power of the holy spirit and God
- ✚ We are God's workmanship and should walk as though we are his
- ✚ We are being built to fit into the mold of who God wants us to be; our growth is dependent upon our vertical relationship with God.
- ✚ Is your temple being built for what God has purposed?
- ✚ There will be stones in life, but you are cut to fit the mold that God has for you.
- ✚ You may be rejected but your stone may be the one that leads others; God has you placed where he wants you to fit in his plan for your life.
- ✚ Don't try to shape yourself to fit in with others; God is the only one who can place you.
- ✚ God has a plan; and you have a place



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Pt 2- Life in the manner

- ✚ Sometimes you have to make allowances with others
- ✚ You must strive to live in the bonds of peace; each Sistar has a part in God's design of life.
- ✚ We are all growing up in the stature of God
- ✚ When you stop and think about the wonders of God; you get overwhelmed by the love that God has for you
- ✚ It's by love that we grow in the nature of God
- ✚ We must have a bond that binds us together because we are uniquely made
- ✚ We may all be different; but it's our bond that shows our manner
- ✚ How good it is for Sistas to dwell together in unity; there is a blessing in the unity of Sistas growing in the manner that God calls for us
- ✚ Grow up in the nature of God
- ✚ We need direction from God in order for us to grow and mature
- ✚ Remember that father knows best!

Pt 3 – Grow Up

- ✚ When a plant grows it grows up; you have to grow up into Christ
- ✚ Christ is the head, you are apart of his body, follow the direction that the head gives us.
- ✚ You have a place in God; with that position we are loved
- ✚ Love gave his life for us; we have to be love before we can be loved; work on your vertical
- ✚ When you be vertical; you can do all the horizontal!
- ✚ When you strengthen your vertical you become a catalyst for what the spirit has purposed for you
- ✚ God has a place and purpose for you; continue to grow in the nature that God has designed for you
- ✚

Lesson to be continued