



Lesson 3: Getting Through By: Feeling Good About Yourself

Self-Defeating Behavior: The Mephibosheth Syndrome

I. The Challenge of Accepting Restoration and Value

Old Testament

Deut. 6:5
Deut. 23:12-14

New Testament

Philippians 3:13-14
Hebrews 12:1-2
St. Mark 12:30-31
St. Luke 4:18
I Cor. 15:578

Notes: _____

II. The Mephibosheth Syndrome

II Samuel 9
Numbers 13
II Samuel 4:4
I Samuel 18:1-4

St. Luke 15:21
I Thess. 5:23
Phil. 4:29

Notes: _____



Getting Through, What You Are... Going Through

"To every thing there is a season, and a time to every purpose under the heavens" Ecclesiastes 3:1

Name Meanings

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| 1. | Mephibosheth: | Person of Shame |
| 2. | Syndrome: | Syn - together; drome - to run; A group of signs and symptoms that collectively indicate or characterize a condition. |
| 3. | Lodebar: | Place of Shame |
| 4. | David: | Beloved of God |
| 5. | Jonathan: | Whom Jehovah Gave |
| 6. | Ziba: | Planter |
| 7. | Ammiel: | People of God |
| 8. | Machir: | Sold |
| 9. | Dan: | Judge |