



**Dr. Dorothy M. Dye**

**MY DAILY AFFIRMATION  
Remember to “FOCUS UPWARD”**

**Read As A Part Of Your Daily Devotion:**

1. I love myself, and do not want to be anyone but myself.
2. I am not inferior, because I am a child of God, and I know that He loves me and places great value on me.
3. I am not afraid of failure or defeat because I know nothing can stop me. I value myself and I will cooperate with God’s plan for my life.
4. I am encouraged because I know that I can do all things through Christ, who give me strength.
5. I will stop my negative thinking, and will begin to focus upward rather than downward.
6. I will learn to make positive choices for my life, based on the Word of God.
7. I am a valuable person, and I will not let others influence me to make negative decisions.
8. I believe in myself, and I will begin to act as though I do. My actions show what I believe about myself, and I choose to act in a positive manner.
9. I am defined by what the Word of God says about me and not by what I have done in the past.
10. I am positive – I am fearfully and wonderfully made – I am valuable – I am a jewel of great price – I am an overcomer – I am God’s workmanship.
11. I will stay out of the P.I.T.!!!!

P .....	Personally
I .....	Induced
T .....	Tempest